



British Gymnastics

Event Participant

COVID-19 Code of Behaviour

For all Gymnasts, Coaches, Judges and Officials attending British Gymnastics events

The British Gymnastics Event Participant COVID-19 Code of Behaviour applies to anyone attending British Gymnastics National Domestic and International events, whilst Government restrictions & regulations in response to the COVID-19 pandemic remain in place. This code is in addition to any venue specific rules, policy, code of behaviour and specific guidance as set out within the operational policy and is subject to change.

British Gymnastics and event delivery partners (including event venue management) will implement strict capacity regulations in alignment with current government guidance which will indicate a maximum venue capacity which will not be exceeded.

Regular cleaning and increased hygiene procedures and provision will be implemented for equipment and the facility. Please understand that this may have an impact upon timescales and actions required by all participants.

To assist our staff and stewards, and to help protect you and your fellow participants, we kindly request that everyone follows these minimum standards of behaviour and conduct when attending British Gymnastics events.

Key principles:

Prior to travel, all participants must perform a “self-screening” for [COVID-19 symptoms](#). Anyone displaying symptoms or feeling unwell must stay at home, follow government guidance, inform NHS Test and Trace and seek medical advice if required.

Travel to the event is only permitted if in alignment with current [Government travel guidance](#).

Social distancing must be maintained between all of those taking part in events at all times.

Exemptions include:

- If participants are part of the same household.
- To manage needs on account of a disability or specific additional need, when additional mitigation to reduce transmission risk will be essential.
- If participants are working on specific team/group activities in the identified disciplines as part of the Team Sports Framework, where the controls within the Team Sport Framework Action Plan must be followed.

Good personal hygiene must be maintained by all those taking part in events

All will be expected to sanitise their hands upon arrival and in moving between different areas of the venue.

Everyone is encouraged to celebrate responsibly and not raise their voices or shout.

Everyone aged over eleven must wear a face covering when entering and moving within the venue*. Face coverings may not be required while actively carrying out a role (based upon requirements decided by the organiser through a risk assessment). Gymnasts taking part in activity must not wear a face covering. *(Unless you are exempt, in which case it will be helpful for you to bring your exemption card or badge).



Food and drink must not be shared, including their containers/bottles.

Venue specific regulations must be followed in relation to the purchase and consumption of food and drinks on site and the use of any facilities or amenities.

Gymnasts

- Gymnasts are to bring their own training aids and hand-held equipment which must not to be shared.
- If required, Gymnasts must bring their own chalk, water sprayers and honey which must not be shared between gymnasts (as this will not be supplied). Honey (or similar) should be from a plastic squeeze pot only.
- Personal apparatus and aids must be appropriately cleaned prior to being brought into the event venue and have suitable cleaning plans which are upheld throughout the event.
- Gymnasts should refrain from spitting and maintain good respiratory etiquette if they cough or sneeze.
- Hand sanitiser should be used at all breaks in competition, in movement between different areas within the event venue and before and after consuming any food or drinks.
- Celebratory physical contact is not permitted (e.g. high-fives and hugs – no unnecessary physical contact at all).

Team Sport (Pair & Group work)

Close contact between gymnasts within the identified activities and disciplines must only take place if a club has followed the British Gymnastics Team Sport Framework Action Plan and continues to implement the controls required whilst at the event.

Gymnasts must adhere to the British Gymnastics Team Sport Framework Code of Behaviour in conjunction with the overview of required behaviours within this document.

Coaches

Coaches must continue to follow current Government guidance on social distancing. *Currently no contact is permitted between coaches and gymnasts and no close spotting/supporting is allowed.*

Officials, Volunteers, Contractors & Staff

All participating in British Gymnastics events must adhere to the key principles as outlined within this Code of Behaviour. British Gymnastics will support and provide appropriate training relative to the role being completed, yet a personal responsibility exists for everyone to do their part in maintaining suitable controls and promoting safety at all times.

The British Gymnastics Event COVID-19 Officer should be informed immediately if anyone breaks any of the above codes of behaviour, and proportionate action should be taken, with the result of repeat offence being removal from the venue.

In entering or agreeing to attend a British Gymnastics event in any capacity it is understood that all behaviours will be in alignment with this code and everyone will comply with the health and safety measures to keep themselves and all others as safe as possible.